

Migraine: One of the world's most common diseases

Did you know migraine is the most common of all neurological disorders? Learn more surprising facts.

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Migraines affect more than 10% of the world's population and consist of ongoing bouts of pulsating pain, typically focused on one side of the head. Migraine is also associated with other debilitating symptoms, including nausea, vomiting and sensitivity to light, sound and odors.

At Novartis, we are committed to helping to raise awareness of this debilitating disease. Continue reading to learn more about one of the world's most common disorders.



Migraine is the most common of all neurological disorders

As well as being one of the world's most prevalent diseases, migraine is also the most common neurological disorder, affecting more people than epilepsy and multiple sclerosis combined.

There is more than one way to characterize frequent migraines

Migraine is often characterized as episodic and chronic migraine. Episodic patients experience migraines on fewer than 15 days per month. Chronic migraine sufferers experience headaches on at least 15 days per month, of which eight or more are migraines, for more than three months.



Migraine is a leading cause of disability

The debilitating symptoms of migraine and the profound and limiting impact it has on an individual's ability to do everyday tasks classifies migraine as the sixth leading cause of years lived with disability worldwide.





More than 40% of people living with migraine go undiagnosed

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